



CHURCH OF THE MOST SACRED HEART OF JESUS, HOLLOWAY

A Parish of the Roman Catholic Diocese of Westminster

62 Eden Grove, Holloway, London N7 8EN

FIFTH SUNDAY IN ORDINARY TIME

(4th February, 2024) Parish Newsletter

Parish Team:

Fr. Gideon Wagay (Parish Priest)

Fr. Samuel Tabi Amponsah
(Assisting Priest)

Fr. Spencer Nyendwa (Zambian
Chaplain/Priest in residence)

Elizabeth Ocampo (Administrator)
Aileen Austria (Catechetical Coord)
Selam Tekie (Safeguarding Rep)

Contact info:

020 7607 3594

holloway@rcdow.org.uk
www.sacredheartchurchholloway.org.uk

Parish Office opening times for
Admin-Tuesday, Thursday & Friday:
9:30am- 3:00pm (but emails are
checked daily)

Registered Charity 233699

Mass Times:

Monday 9:15 am

Wednesday 9:15 am

Thursday 9:15 am

Friday 9:15 am

Saturdays at 6.00pm (Vigil Mass)

Sundays at 8.30am and 11.00am

Bank holidays and Holy days of
obligation 10:00 am

Sunday Mass Readings:

First Reading: Job 7:1-4,6-7

Psalms Ps 146:1-6.v3

Second Reading: 1Corinthians 9:16-
19.22-23

Gospel: Mark 1:29-39

Eucharistic Adoration:

First Friday of every month, 7pm

Confessions:

Saturdays 11am-12 (noon)

Or by appointment



Holy Rosary:

Wednesday 8.30pm
(via Zoom)

Meeting ID:744 4459425

Passcode: 597446



Our mission: "We are a welcoming, nourishing living parish, inspired by the Sacred Heart to serve and radiate this love to all"



Synod Day of Prayer: Pope Francis calls for all baptised to be involved in the synodal process **ARE YOU?** Join for a day of conversation, reflection and action, to prepare for the October 2024 Synodal Assembly in Rome. **YOUR VOICE COUNTS!** Saturday, 10 February 2024 10:00 am 4:30 pm (Bring packed lunch) The Aula Magna, Farm street Church, 114 Mount Street London, W1K 3AH.

Vigil for the Climate - Multi-faith, 18 February, 12noon Gathering outside St John's Church Waterloo for reflections and prayers from a variety of faith traditions. Followed by a meditation walk to join the CCA Vigil outside Parliament. Meet at St John's Church, 73 Waterloo Road, SE1 8TY.

LENT—Don't blink. Lent will be here before you know it.

Isn't that how it always is? The Christmas season is behind us and it feels like Ordinary Time has only just begun. But suddenly it's Ash Wednesday, and we're scrambling to decide what we're doing for Lent and wondering whether our choice of penance is too hard or too easy.

This year, don't let Lent take you by surprise—have your plan in place. Here's how. How to Make a Plan for Lent

Before Ash Wednesday catches you unawares, make a point of sitting down—at the kitchen table, or at the chapel—and give some thought to how you want to spend this Lent. If you have no idea where to begin, rest assured: there is a solid foundation to work from. The Church doesn't leave us to figure things out ourselves. There are three holy practices which Catholics are called to embrace in penitential seasons such as Lent and Advent. These three practices are prayer, fasting, and almsgiving.

When you make your Lenten plan, choose something specific from each category—and you're set for a grace-filled journey to Easter.

Events (for more info reach our webpage or email)

ASH WEDNESDAY

14 February

10:00 am Mass
and
7:00 pm Mass

STATIONS OF THE CROSS

Every Friday
during Lent
7:00 pm
All Welcome

Tea/coffee and biscuits

Every Sunday,
after 11:00 am Mass.
Come and chat with
parishioners

Sacraments

Baptism - Usually happens in the first 6 months after birth. Parents must practice their faith and be registered members of the parish. The next parents and godparents preparation meeting will be in the spring term. For further details, please contact the parish office.

First Holy Communion – Programme - 2023-2024. We are happy to welcome all the children to continue their journey as they prepare to have the First Confession and to receive the Lord for the First Time. Please keep them and their families in your prayers.

Confirmation Programme 2024 The first young people meeting is on Thursday, 22nd February at 7:00 pm. We invite all parishioners to pray for them as they are on this journey.

RCIA - Rite of Christian Initiation for Adults. Please keep praying for those who are on this journey. Meetings are scheduled for Wednesdays at 7:00 pm with upcoming dates on 7th and 21st February, 2024. They will also be attending the Rite of Election at Westminster Cathedral on Saturday 17 February. .

Liturgy of the Word with Children: We are very happy to invite children who are 4 to 8 years old or who are at school in Reception to year 3 to participate on Sunday at 11:00 am Mass, in the 'Liturgy of the Word with Children'. Unfortunately, due to limited resources, we are not able to invite younger or older kids to the Children's Liturgy.

Be a registered member of our parish!!!

Have faithful attendance at Mass on Sundays and Holy Days? Then fill up our registration form at the parish office. And regularly support your parish with the planned giving system (bank standing order).

If you are a UK taxpayer, we can claim back from the Inland Revenue 25p of every £1 you give, at no cost or inconvenience to you. Setting up a Gift Aid arrangement helps our parish to increase its income (contact the parish office).

Financial support

Monthly standing order: £950.75 Dec/week

Last offertory collection

Envelopes (28 Jan) £252.61

Loose (28 Jan) £324.26

Contactless (28 Jan) £318.00

Total £894.87

Holy Land Collection £317

Your generosity enables us to pay the parish bills.

Thank you!

1) For online giving, please go to:

www.sacredheartchurchholloway.org.uk

and click **Support**.

Or Scan this QR and Give.



2) For standing orders or regular donations,

Parish Bank Account Details

Account name: WRCDT Holloway

Sorting Code: 40-05-20

Account Number: 71308319

Address: HSBC, 69 Pall Mall, London SW1Y 5EY

3) For contactless giving, it's pretty easy! there are 2 machines at the entrance and baptismal font, please gift aid your offering if you're a taxpayer.

You can also scan the QR that you find on each bench.

Prayer Intentions

We ask for your charitable prayers for those sick at home, in hospitals, recently deceased, and those whose anniversaries are at this time.

For the sick: Jorge Salinas, Gerald Dorrian, Sean Christian, Mary Ddungo, Louisa Gosling, Mary Ryan, Maureen Frawley, Giuliana Faticoni, Samantha Johnston, Annette Goulding, Nathan Froud, Roisin Duffy, Fr. John La Rocca, Ann Walsh, Dino Grandi, Marilyn Edwards, Joyce Fleming, Ludvinia King, Kathleen Wallace, Eric Ebo Essuman, Elizabeth Feeley, Michael Bradley, Angeles Wong, Tony Reilly, Mary Egan, Colman Connelly, Ngozi Elong, Christopher, Brian Conway Crystal Green, Patrick Dolan, Margaret Toolan, Rosa Santos, Mary Wong, Michael Bailey, Christopher Fradley, Charlie Crane, Margaret Mulroy, Alison McGoff, Stephanie Enepi, Chris Eisen and all who are sick and housebound in the parish (and those who care for them).

Recently dead: Peter Smith, Noel Leveins, Masie O'Lone, Frank Dorrian, Jane Nestor, Mary Kennedy, Sean Brennan, Mary Rainsford, Geoffrey Bedingfield, Bridie Prior, Margaret Collins, Henry Laron, Siohghan Horan, Thiago Gonzalez..

Death Anniversaries: Thomas Frawley, Harry Joseph Turner, Tom Kelly, Attilio Speroni, Bryan Mpunga, Claudio Rigolli, Derek Turner, Michael Ginty...

Eternal rest grant unto them Lord, and let your perpetual light shine upon them. May they rest in peace. Amen.

Mass intentions for the forthcoming week

(Please contact the office to book your Mass intentions)

4th February 2024 + Fifth Sunday in Ordinary Time	Sat 6:00 pm	Thomas Frawley † Anniv Confirmation Mass of Enrolment)
	8:30 am	Peter Smith †
	11:00 am	For the Parish
5th Feb Monday St Agatha	9:15 am	Martin & Margaret Cooke †
6th Feb Tuesday	No Mass	
7th Feb Wednesday Feria	9:15 am	Rosa Nichols †
8th Feb Thursday Feria	9:15 am	Yolanda Villegas - Ints
9th Feb Friday Feria	9:15 am	Mary Neves Lious † Msgr. Michael Manna-yagam †
10th Feb Saturday Sun Vigil	6:00 pm	For the Parish
11th February 2024 +Sixth Sunday in Ordinary Time	8:30 am	Bernadette Mimmagh †
	11:00 am	Samantha Louis Ints