OFFERTORY COLLECTION Envelopes 11 & 18 Jul £ 698 Loose: 11 & 18 Jul £ 509.91 Standing Orders £1,105.50 Jun/week Your generosity enables us to pay the parish bills. Thank you! For online giving, please go to: www.sacredheartchurchholloway.org.uk and click support Or VIRGIN Money Giving. Thank you. Parish Bank Account Details. Account name: WRCDT Holloway Sorting Code: 40-05-20 Account Number: 71308319 Address: HSBC, 69 Pall Mall, London SW1Y 5EY Weekly envelopes can be mailed in or you can drop them in the parish house. Mailbox outside the parish door.

<u>Active Membership of the Parish</u> is determined by the following criteria: being properly registered for a sufficient period of time; faithful attendance at Mass on Sundays and Holy Days; use of the planned giving system (envelope or bank standing order) in regular support of the parish

Are you on our GIFT AID list yet?

It is *important* to <u>gift aid</u> your offering to the church (whether Sunday envelopes or through standing order). This means that the government will top up your offering by **25p for every £1** at no extra cost to you, the giver. You have to be a UK taxpayer to qualify and you have to fill in a declaration form. For more information, please call Elizabeth in the office

MASS TIMES & INTENTIONS THIS WEEK			
1st Aug		6:00 (Sat. Vigil Mass)	For the Parish
Eighteenth S Ordinary		8:30 am Mass	Eileen Ely R.I.P
		11:00 am Mass (live-streamed via ZOOM)	Joyce Fleming - Intentions
2 nd August Mor Feria	-	9:15 am Mass	Gertrude McDermott and Lily Mc Dermott - Intentions
3 rd August Tues	sday	No Mass	
4 th August Wec St John Vianne		9:15 am Mass	Luoise Family – Intentions Maria Louise - Thanksgiving
5 th August Thu Feria	sday	9:15 am Mass	Tom Kelly – R.I.P
6 th August Frida The Transfigura Lord		9:15 am Mass	Tayo Ero R.I.P - Anniversary
7 th August Sat St Cajetan	urday		11:00-12;00 noon Confessions and by appointment
		6:00pm (Sat. Vigil Mass)	Martin Cooke - Ints
8 th Aug	ust	8:30 am Mass	For the Parish
Nineteenth S Ordinary		11:00 am Mass (live-streamed Via ZOOM)	Victor Gonzalez Martinez Intentions

CHURCH OF THE MOST SACRED HEART OF JESUS, HOLLOWAY

 A parish of the Roman Catholic Diocese of Westminster
62 Eden Grove, Holloway London N7 8EN Registered Charity 233699

Phone: 020 7607 3594 Email: <u>holloway@rcdow.org.uk</u> <u>www.sacredheartchurchholloway.org.uk</u> Parish Priest: Fr. Gideon Wagay Mrs. Elizabeth Ocampo - Admin Assistant Parish Office opening times for Admin-Tuesday, Thursday & Friday: 9:30am- 3:00pm (but emails are

checked daily)

1st August Eighteenth Sunday in Ordinary Time

The Deep End - Food that satisfies

Growing up, did you hear any 'old wives' tales' about food - eating carrots helps you see in the dark; bread crusts will make your hair curly; an apple a day keeps the doctor away...? These wise old sayings, passed down the generations, were employed to encourage us to eat certain foods, mainly healthy fruit and veg. Many even had an element of truth. These days we can easily establish the accuracy of such claims, but many parents still find themselves falling back on these nuggets of wisdom. Behind it all is a desire to see children grow up strong and healthy.

Recent years have seen an increased focus on health, both physical and mental. Nourishing one's body and mind and keeping them healthy are essential long-term projects, the work of a lifetime. In today's Gospel, Jesus talks about a different type of nourishment - bread that gives life, food that satisfies, food that endures. 'I am the bread of life,' says Jesus. It is Jesus who nourishes us at the very core of our being, who knows our every need and gives meaning to our lives. He tells us today: 'Do not work for food that cannot last, but work for food that endures to eternal life.' As we continue on our way, learning how to best nourish our body and mind, let us not forget to nourish our spirit with Jesus, the bread of life.

Triona Dohery@Intercom



OUR MISSION STATEMENT "We are a welcoming, nourishing living parish, inspired by the Sacred Heart to serve and radiate this love to all."

⁷ We ask for your charitable prayers for those who are sick at home and in hospitals, the recently deceased and those whose anniversaries are at this time...

For the sick and the housebound and those who care for them:

Joyce Fleming, Madeline, Ludvinia King, Catherine Wright, Urse Ungab, Eric Ebo Essuman. Rachel Kennellv. Marie Dorrian, Sean Christian Elizabeth Feeley, Michael Bradley, Margaret Collins, Mary Ryan, Angeles Wong, Tony Reilly, Mary Egan, Colman Connelly, Ngozi Elong, Lil Traynor, Christopher Browne Brian Conway Crvstal Green, Patrick Doolan, Margaret Toolan, Rosa Santos, Bridie Prior, Mary Wong, Michael & Cathy Bailey, Ada Bacarini, Martine Rainsford, Christopher Fradley, Charlie Crane, Barbara Baptiste, Margaret Mulroy, Alison McGoff, Martin Cooke, Stephanie Enepi, Chris Eisen and all who are sick and housebound in the parish.

Anniversaries

Tayo Ero, Kazimierz Sniezek, Ferelith Hood, Noreen Potter, Edgar Ocampo, Luke Dowd Maeve Martin, Martin McCarthy, Teresa Ferguson, Mona Moran, Elisa Vanin, Stanley Richards Ann McKenna, Joe Neary, Mark Joseph.

Please Pray for the Recently Dead:

Bridie Friel, Sherlito de la Cruz, Eileen Ely, Tony Yourell, Cesar Tabuzo, Giuseppe, Michael Reardon, Claire Hallmark, John Sweeney, Rose Otoo, Tirso San Juan Austria, Jose Arcanjo de Campos, Sophia Darr, Lily DeNobrega, Ruby Flynn, Derek Turner, James Donnelly, Gareth Bryant, Marcial Sta. Maria, Tom Kelly.

Eternal rest grant unto them Lord, and let your light shine upon them. May they rest in peace. Amen.

SACRAMENTS

Some of the following catechetical programmes have been delayed, or the meetings suspended due to pandemic precautions. Hopefully we will begin to offer all these ministries soon.

MARRIAGE- Six months' notice must be given, even if you're marrying elsewhere to gather and process the paper work. Please contact Fr. Gideon. To make an appointment email: holloway@rcdow.org.uk

Due to a change in the law we are no longer able to issue civil marriage certificates for Marriages that took place in our church. These can now be obtained directly from the local Registrar in the Town Hall.

FIRST HOLY COMMUNION PROGRAMME

Children in the First Communion Programme are now on summer break. They will return on Saturday 4th September. It is likely that sessions in September will be in person at the parish hall. Please watch this space.

Parish Office is closed for Summer.

Parish office will be closed from 26th July to 31st August.

If you have any urgent requirement, please send an email to <u>holloway@rcdow.org.uk</u> or leave a voice massage on 0207 607 3594.

Food-bank- Sacred Heart Community Response.

Contribution of non-perishable products are welcome. You can also contribute financially. Please put *"Food Bank"* as reference when donating. Thank you.

The products most needed are:

Rice, tinned goods, tuna, tinned tomatoes, tea, sweetcorn, long life milk, etc. <u>Toiletries</u>: Hand wash, shower gel, toothpaste, deodorant, nappies etc. If you would like to donate these items, please leave them at the back of the church or to the parish office. **Next date: Saturday 14th August and 28th**

August, from 11:30-1:00pm only.

In mercy, we find proof of how God loves us. He gives his entire self, always, freely, asking nothing in return. – Misericordiae Vultus

Covid-19 Route Map: Step 4.

Procedures at Church after 19th July

As you are aware the guidance changed since last week.

We want to continue however, to keep the church safe and make people comfortable while recognising their personal responsibility. The tapes/ribbons around the church and benches have been removed and we can have fuller Mass attendance again.

- You should not come to church if you have any symptoms, or if you are self-isolating.

- The wearing of masks is encouraged. especially when the church is full.

- Hand sanitisers will be kept in vantage points for those who want to continue to use them.

- Social distancing will be relaxed, but please be respectful of those who may want to continue to keep a distance.

For the time being the following things remain suspended until further guidance: Communion from the chalice, Offertory procession, the physical sign of peace, Holy Water in the stoups, The Offertory collection will continue by not passing the bags, however, using contactless card (see below) instead of cash is now being encouraged.

I would like to take this opportunity to say THANK YOU to the team of <u>Stewards</u> we have had in the three weekend Masses, weekday Masses and during Funerals and Weddings. Their presence were necessary to keep us safe.

CONTACTLESS DONATIONS:

"We don't normally carry cash nowadays"! It is finally here. We are pleased to introduce a contactless payments terminal for weekly or one-off donations. It is situated at the entrance of the church. The system has been approved and trialled by the Diocese and is designed to offer an alternative to loose plate donations. Donation which will be linked to your payment and will gift aid all future donations made using the same method. Please refrain from using this system if you are already in planned giving via Standing Order or Weekly envelopes except for oneoff donations.

Seeing your Life through the Lens of the Gospel

1. Jesus distinguishes between food that gives quick satisfaction and food that gives lasting nourishment. It is a mark of wisdom to be able to say 'no' to enticing but delusory attractions in order to choose things of lasting value. From your life experience what advice would you give to another about where things of lasting value are to be found?

2. Jesus reminds his listeners that God is the source of all good things. What difference does it make in your life when you are aware that life, the world, everything you have is gift, and you live in a spirit of gratitude?

3. The work of God is that we 'believe in the one whom God has sent'. In what ways has your faith in Jesus enriched and changed your life? How has Jesus satisfied your hungers or quenched your thirsts?

4. As Jesus came down from heaven to give life to the world, so each one of us is here to be a source of life to others. Think of people who have been a source of life to you, and give thanks for them. For whom have you also been a source of life?

CAFOD -Schools volunteers needed Looking for a new challenge? Could you visit schools in your local area to deliver assemblies and workshops about CAFOD's work and encourage young people to take action, fundraise and pray with CAFOD? No experience necessary. Full support, resources and regular training provided. We are especially in need of volunteers happy to visit schools in Brent, and Camden.

School volunteer coordinator needed (volunteer position)

CAFOD Westminster is looking for a wellorganised and friendly person to help coordinate their school visits programme from September. This role would suit someone who is comfortable speaking to other volunteers and schools and also in using spreadsheets and databases. If you are interested in either of these

volunteer roles, please contact Chris Driscoll

at <u>westminsterschools@cafod.org.uk</u> or call 07776 493162